

Active Classroom: Thought Walks

The focus of this activity is to get students sharing information while they take a walk. The walk can be around the classroom, up and down a hallway or around the playground, gym or school grounds.

Set Up:

- Identify the space for walking.
- Divide students into groups of two.

Directions:

Tell students they will be walking with a classmate and sharing information about a classroom topic. They must stay in the designated area and should use a quiet voice so only their walking partner can hear them. It is important that the teacher identifies the groups and switches the groups each time the activity is used, so students get the opportunity to meet and work with all their classmates.

Idea Topics:

1. Use the Thought Walk as a “get to know you” activity. As students are walking, use the following prompts to get students to share general information about themselves:
 - a. Favorite color/game/food
 - b. Things that make them happy/sad/laugh
 - c. Favorite book/movie
2. Language Arts
 - a. Alternate reciting the alphabet.
 - b. Alternate listing action words (verbs).
 - c. Alternate naming things (nouns).
3. Math
 - a. Alternate counting to 10, 20, counting by 2s, 3s, etc.
 - b. Identify 2 books, 3 pencils, 4 red things, etc.
 - c. Give each other a math problem to complete: $1+2 = 3$, $4 \times 2 = 8$, etc.
 - d. Alternate naming shapes.
4. Science
 - a. Alternate naming the planets.
 - b. Alternate naming mammals, primates, etc.
 - c. Alternate naming types of rock.



Option: For older students, if there is space outside, have them speed-walk or jog.

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