Late preterm infant (35 – 37 weeks) newborn nursery discharge guidelines

- Length of stay ≥48 hours
- Follow-up visit with health care provider made (for 24-48 hours after discharge), and follow-up health care provider notified
  Name of follow-up provider ____________________________
- Vital signs normal for 12 hours prior to discharge
  RR <60; HR 100-160; axillary temp 97.7-99.3°F (36.5-37.4°C)
- At least one spontaneous stool
- Successful feeding at breast or bottle for 24 hours. Infants with 2-3 percent weight loss per day or 7 percent loss during hospitalization need assessment for signs of dehydration before discharge
  ≥7 percent loss during stay  ❑ Yes  ❑ No
  If yes, was infant assessed for dehydration?  ❑ Yes  ❑ No
- Lactation has assessed breastfeeding and documented in chart – breastfeeding quality has been evaluated at least twice daily by trained caregiver
- Feeding plan developed and understood by family
- Hyperbilirubinemia risk assessment done, documented in chart, caregiver aware and appropriate follow-up arranged
- No active bleeding at circumcision site for at least two hours
- Maternal laboratory results and all newborn screening tests done and recorded in chart
  ➢ Include hearing and SHINE tests
  ➢ State newborn screen after 24 hrs of feeds, results sent to Wisconsin state lab
- Hepatitis B administered
- Car seat test done
- Family, environmental and social risk factors assessed (If risk factors identified, delay discharge until they are resolved or a plan is made to address them.)
  Risk factors may include:
  • Untreated parental substance abuse  ❑ None
  • Child abuse/neglect  ❑ None
  • Mental illness in parent in home  ❑ None
  • Poor social support  ❑ None
  • Homelessness  ❑ None
  • Risk of domestic violence  ❑ None
  • Adolescent mother with other risk factors present  ❑ None
  • Other______________________________  ❑ None

Babies who come to Children’s Hospital for newborn services stay in the #1 neonatal intensive care unit in the nation.

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Mother and caregivers received information or training or have demonstrated competency in the following:

- Expected pattern of voiding and stooling  Yes
- Umbilical cord, skin and newborn genital care  Yes
- Hand hygiene  Yes
- Use of thermometer  Yes
- Assessment and provision of appropriate layers of clothing  Yes
- Identification of common signs and symptoms of hyperbilirubinemia, sepsis and dehydration  Yes
- Provision for safe sleep environment  Yes
- Safety discussion
  - Car seat  Yes
  - Smoke alarms  Yes
  - Second-hand smoke  Yes
- Appropriate responses to emergencies  Yes


Clinic information
chw.org/neonatology

Medical care guidelines
Tools for primary care providers
chw.org/medicalguidelines

Physician consultation and referral
Refer a patient • Discuss a case • Arrange a transport
chw.org/refer
(414) 266-2460 or toll-free (800) 266-0366

Appointments
Outpatient specialty appointments
chw.org/appointment
(414) 607-5280 or toll-free (877) 607-5280