Humor in Healthcare

Or

As the respiratory therapist’s say
That’s not funny

Humor is something we all have

Some things Humor isn’t

- Demeaning
- Denigrating
- Derogatory
- Detrimental
Humor isn’t Comedy

Humor is an integral part of Human Existence

Humor is an Integral Part of Spirituality
Humor is an Integral Part of Health

Humor is an Integral Part of Community

Humor in Healthcare is EXACTLY The right place for it
Prescriptions for Humor in Healthcare

**HA HA HA Rx**
- Humor Attitude
- Humor Aptitude
- Humor Action

**LAUGH DR. Tips**
- Challenge Your Assumptions.
- Expand and Elevate Every Idea.
- Welcome Your Mistakes

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"Clifford Kuhn, MD: healing with humor" Healthcare Financial Management, Dec, 2006

Prescriptions for Humor in Healthcare

**Humor**
- Facilitates Communication
- Builds Relationships
- Reduces Stress
- Provides Perspective
- Promotes Attending and Energizes

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Humor Is As Humor Does

- Spontaneous
- Spirited
- Special