

Your child's procedure: What to expect at Surgicenter

There are four phases of your child's procedure. There may be a different nurse for each phase.

Before the procedure (about 1 to 2 hours)

- To get ready for surgery we need to do an exam. This will include height and weight, and vital signs. We will review your child's medical history and review the consent form.
- Your surgical care team will come in to talk to you. Please ask any questions you have.
- We will let you know about any delays that may happen.
- We ask you to limit visitors to 2 in the patient room, due to small space.
- One parent or caregiver must stay in the Surgicenter building the entire time your child is here.
- Just before going into the operating room, your child may get medicine to help them relax.

During the procedure

- Take care of yourself.
- You may get something to eat or drink. Please eat food in the lobby area. Beverages may be brought into the patient room.
- You can stay in your child's room.
- Ask your child's pre-op nurse if you would like an update,

After the procedure – Recovery Room (time varies)

Your child will be taken to the Recovery Room. It is the area where your child will wake up from anesthesia. Each child is different, so how long it takes to wake up will vary.

- When the procedure is done, the doctor will come to talk to you in your child's room. There will be time to ask questions. The operating room nurse and anesthesiologist will stay with your child during this time.
- The nurse will be with your child and making sure they are comfortable.
 - Your child may wake up crying and be hard to comfort. This should go away as the anesthesia wears off.
- If you would like an update, please ask your child's pre-op nurse.

After the procedure – Post-Op (time varies based on procedure)

When ready, your child will be moved back to their room to see you.

- Your child will still be watched closely for safety and comfort.
- Your child will be able to have a drink or light snack.
- Your nurse will review discharge instructions when your child is ready to leave.
- Ask questions. We want you to be ready to take care of your child at home.
- A nurse will follow-up with a phone call the next business day after your child's procedure.