

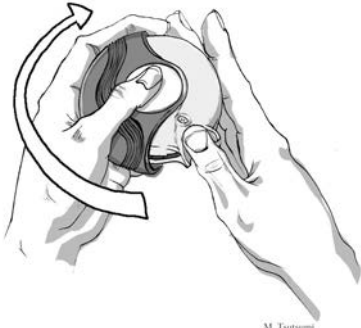


USING A DISKUS® (OPEN, CLICK, INHALE)

Diskus inhalers deliver long-term control medicines to the airways. Use a diskus inhaler as instructed by health care providers. Long-term control medicines should be taken every day, even if you feel good. They work slowly, over several weeks, to get rid of swelling and mucus, and prevent them from coming back. Long-term control medicines do not help during asthma flare-ups.

USING A DISKUS®

1



While holding the diskus flat (horizontal), push the grip open until the mouthpiece appears and snaps into place.

2



While holding the diskus flat (horizontal), push the grip open until the mouthpiece appears and snaps into place.

3



Breathe out.

4



Place your teeth on the mouthpiece and close your lips.

5



Breathe in deeply and forcefully, holding the inhaler horizontally.

6



Hold your breath for 10 seconds.

7



Breathe out.

8



Close the disk.

9



When the dose counter gets to 10, call for a replacement. **The last 5 doses are in red.**