

In-Patient Colonoscopy Prep: Golytely®

Your child has been scheduled for a colonoscopy at Children's Hospital of Wisconsin on _____ at _____ a.m./p.m.

- Before the colonoscopy your child needs to be admitted to the hospital for a bowel prep.
- You need to check in at the Welcome desk in the lobby on the first floor.
- Please be here at _____ a.m./p.m. on _____

What needs to be done before the colonoscopy?

- Your child will need a prep to clean out (empty) the bowel before the test.
- Your child must drink only clear liquids on the day of their admission. Clear liquids include:
 - White grape juice
 - Water
 - Gatorade
 - Jell-O®
 - Apple juice
 - Tea
 - Popsicle®
 - Kool-aid®
- **No red or purple colored liquids.** These can stain the colon and make it look bloody.
- **No milk or dairy products.**

When and how is the prep done?

- An IV will be started.
- Your child will have an NG tube placed. This is a flexible tube that goes down the nose into the stomach. The tube is put in so that enough of the prep solution can be given to your child. It is too much for a child to drink.
- Sedation medicines are not always used for placing the NG or IV. However, other comfort measures such as distraction are used to help your child with as little trauma as possible. You may stay with your child during this time.
- Every patient is different, but bowel prep normally takes about 8 to 10 hours.
- During the bowel prep your child will be encouraged to get up and walk around.

Your child's stomach may be bloated and uncomfortable during the prep. The nurse will watch for this and will change the rate of the prep if needed.

How prep is done (continued)

- Your child will need to use the toilet many times during the bowel prep.
- Your child may need enemas as well as the prep solution is going down the tube.

What else do I need to know?

- A TV and DVD player with DVDs are available. You are welcome to bring DVDs from home.
- Feel free to bring books and other quiet toys, a favorite stuffed animal or blanket.
- The hospital has pajamas and diapers for your child.
- You may want to bring 3 to 4 extra pair of clean underwear along.

Who can I call if I have questions?

- If you need to cancel the test, call your child's doctor or nurse at the GI Clinic.
Phone number: (414) 266-3690. Hours: Mon – Fri, 8:00 a.m. – 4:30 p.m.
- If you have questions after hours, call the hospital operator at (414) 266-2000. Ask for the GI doctor on call.

ALERT: Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has special health care needs that were not covered by this information.

This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.