

Tobramycin: High Dose for Inhalation (TOBI®)

Tobramycin (TOBI) is a medicine used to treat chronic lung infections. It comes as a liquid that is made into a mist. This is called nebulized. Your child breathes in (inhales) the mist during a treatment.

Your child's doctor or nurse will explain how and when to give this medicine to your child.

Possible side effects

Tell the doctor, nurse, or pharmacist if your child has these or any other side effects:

- Ringing in the ears
- A hoarse voice
- Dizziness
- A sore throat
- Changes in hearing
- Wheezing

Supplies needed

- Home Nebulizer machine, called a compressor.
- Only use the Pari LC® Plus nebulizer to give TOBI.
- TOBI® medicine with 300 mg Tobramycin in a 5 mL solution.



Steps to follow

1. Wash your hands.
2. Take the cover off the nebulizer cup.
3. Twist and remove the smaller end of the ampule.
4. Squirt all of the TOBI into the nebulizer cup. Do not dilute the medicine with saline solution. Put the cover on the nebulizer cup.
5. Start the treatment. It should last 10 to 15 minutes.
6. If the treatment takes longer than 10 to 15 minutes, you may need to replace:
 - Your Pari LC Plus nebulizer
 - The compressor
 - The compressor filter

If your child is taking more than one medicine

Take them in this order:

- _____ Short-acting Bronchodilator (Albuterol or Xopenex®)
+Pulmicort Respules® or Intal® may be mixed with Albuterol and be given together
- _____ Anticholinergic (Atrovent®, Combivent ® or Duoneb®)
- _____ Hypertonic Saline
- _____ DNase (Pulmozyme®)
- _____ Bronchial hygiene / Airway Clearance
- _____ Long-acting Bronchodilator
- _____ Antibiotic
- _____ Inhaled Steroid

Special information

Do not let anyone else take this medicine.

General information:

- Never use a nebulizer with a clogged nozzle. If the nozzle is clogged, no mist will come out. It will need to be replaced. Clean the Pari LC right away after nebulizer treatment. This will help keep it from getting clogged.
- To replace the compressor, call your Durable Medical Equipment supplier or the CF Center at (414) 266-6730.
- Do not mix TOBI with other medicines. You may use the same Pari LC nebulizer as you use for the bronchodilator medicine. Rinse the nebulizer well with sterile water before the TOBI. If you do not rinse it, the TOBI may foam.

Storage, refills and when to throw away:

- **Keep this medicine out of the reach of children.**
- Store TOBI in the refrigerator. If a refrigerator is not available, store the foil pouches at room temperature for up to 28 days. Un-refrigerated TOBI may darken in color. TOBI is normally slightly yellow. The color change does not change the quality.

You should not use TOBI:

- If there are particles in the solution.
- If it has been stored at room temperature for more than 28 days.
- If it looks cloudy.
- After the expiration date.

ALERT: Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has:

- Any side effects.
- Special health care needs that were not covered by this information.

This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.