

## **Domeboro® Soaks**

### **Reason for prescribing**

**Domeboro** soaks (compresses) help relieve itching and minor skin irritation. They also help loosen up crusted areas on the skin.

### **Description of the medicine**

- This medicine comes as a tablet or powder to be mixed with water.
- You can buy it over-the-counter at a pharmacy.

Your child's doctor or nurse will tell you how and when to use this soak for your child. If you have questions, ask the doctor, nurse, or pharmacist.

### **Making a Domeboro® soak solution**

#### **Make enough Domeboro® soak solution for:**

- One treatment. Throw unused solution away by pouring it down the sink.
- One day (24 hours). Solution not used within one day should be thrown away. Pour unused solution down the sink.

#### **Gather these supplies:**

- Domeboro® medicine:
  - Tablets: Use \_\_\_\_\_ tablet(s).
  - Powder: Use \_\_\_\_\_ package(s).
- Warm water
- Clean large container for mixing the solution.

#### **Mix the solution:**

Follow the directions you were given by your child's doctor or nurse.

1. Wash your hands.
2. Put the warm water into the clean container.
3. Add the Domeboro medicine.
4. Stir the solution so that the tablet or powder dissolves.

- Add one package or tablet to 2 cups of water for a 1:40 solution.
- Add 2 packages or tablets to 2 cups of water for a 1:20 solution.

### **Using a Domeboro soak® solution**

#### **Gather these supplies:**

- Domeboro soak solution
- Towel or plastic sheet
- Clean, soft cloth
- Large, clean bowl. It needs to be big enough to hold some of the solution and the clean soft cloth.

**Prepare and put on the Domeboro® soak:**

- Put it on \_\_\_\_\_ times per day
- Leave the soak on your child for \_\_\_\_\_ minutes each time.
- Continue the soaks for \_\_\_\_\_ days.
- Follow these steps:
  1. Put a towel or plastic sheet on the area where you are working.
  2. Put your child, or the area of the child's body to be treated on the towel or plastic sheet.
  3. Pour the Domeboro® solution from the large container into the clean bowl.
  4. Wash your hands.
  5. Put the clean, soft cloth into the Domeboro® solution. The cloth should get very wet with the solution. When you pick it up, it should almost drip.
  6. Put the cloth soaked in the Domeboro® solution on the area to be treated. Do not wring out the cloth. The cloth needs to be very wet. If the cloth is not very wet, put it back into the solution as needed and reapply.
  7. Discard the Domeboro® solution from the small bowl after each soak is done. Do not pour it back into the larger container of Domeboro® solution. Pour unused solution down the sink.

**Special information****General information:**

- Do not give this medicine by mouth.
- Do not use this medicine in or near the eyes.

**Storage, refills and when to throw away:**

- **Keep this medicine out of the reach of children.**

**ALERT:** Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has:

- Skin that gets worse (more irritated). Stop using the Domeboro® soaks until you are given more instructions by the doctor.
- A fever of 101.2° F (38.5° C) or higher for more than two days or if the fever is not relieved by over-the-counter fever reducer medicine.
- Special health care needs that were not covered by this information.

**This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.**