

## **Benzoyl Peroxide Wash Product List**

Your Dermatologist would like you to use a benzoyl peroxide wash for your acne. Washing with benzoyl peroxide helps reduce acne-causing bacteria on the skin. It also decreases inflammation. Benzoyl peroxide washes can be bought over the counter at a local pharmacy or discount retail store. The dermatologist will tell you which strength is right for your skin type. Use this wash once a day.

The washes listed have benzoyl peroxide in them. Always read the ingredient list on the back of the product. Make sure the product you buy has benzoyl peroxide in it. Many companies make more than one acne product.

- Benzoyl peroxide 3.7%–5% washes:
  - Neutrogena<sup>®</sup> Clear Pore Daily Scrub 3.7%
  - PanOxyl<sup>®</sup> 4% acne creamy wash
  - Clean and Clear<sup>®</sup> Advantage 3-in-1 exfoliating cleanser 5%
- Benzoyl peroxide 8-10% washes:
  - PanOxyl<sup>®</sup> 8% acne foaming wash
  - Oxy<sup>®</sup> Maximum face wash acne treatment 10%
  - PanOxyl<sup>®</sup> 10% acne foaming wash
  - PanOxyl<sup>®</sup> 10% acne cleansing bar
  - Clean and Clear<sup>®</sup> continuous control acne cleanser 10%

To use the wash:

- Wet your skin and put the wash on.
- Work up a lather for 10 to 20 seconds. Do not scrub the skin.
- Rinse completely.

Benzoyl peroxide may bleach hair and fabrics. Be careful so you don't get it on hair, clothes and towels. Side effects from the wash may cause the skin to be dry, itch or peel. Your skin may get red, irritated or sting.

If you wash your face twice a day, you should use a gentle cleanser for the second washing of the day. Some gentle cleansers are:

- CeraVe<sup>®</sup>
- Purpose<sup>®</sup>
- Cetaphil<sup>®</sup>
- Neutrogena<sup>®</sup> Fresh Foaming Cleanser

**ALERT:** Call your child's doctor, nurse, or clinic if you have any concerns or if your child has:

- Side effects that are bothersome or don't go away.
- Special health care needs not covered by this information.

**This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.**