

## **Nebulizer Treatments with a Trach Mask**

### **Purpose**

- To deliver medicines that treats wheezing and move secretions.
- To give inhaled corticosteroids and antibiotics.

### **Supplies needed**

- Nebulizer machine
- Medications
- Nebulizer kit
  - Neb cup
  - T-piece
  - Clear tubing



### **Setting up the treatment**

1. Wash your hands.
2. Put the neb cup together with a firm twist.
3. Medicine can be added from the top.
4. Tape one end of the t-piece.
5. Put t-piece on top of the neb cup.
6. Use the tubing and trach mask from the trach collar set up.
7. Connect the neb to the machine by using the clear tubing.
8. Turn the machine on.

**Note:** If your child uses oxygen, use your child's oxygen instead of the nebulizer machine, **Increase the flow to 6 - 8 LPM.**

### **Cleaning the equipment**

#### **After each treatment**

1. Put the circuit back together.
2. If using the oxygen, change back to normal setting.
3. Rinse the cup and t-piece with warm water.
4. Let air dry on a clean cloth.

## **Cleaning the equipment (continued)**

### **Every night**

1. Wash the cup and t-piece with warm soapy water.
2. Rinse well.
3. Let air dry on a clean cloth.

### **Weekly**

Replace the nebulizer kit.

## **Special directions**

Follow the instructions from your child's home care provider if used more than one week.

**ALERT:** Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has special health care needs that were not covered by this information.

**This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.**