

## Animal Dander Control Measures

### What is dander?

Dander is protein found in skin flakes, urine, poop, saliva and hair. Dander causes allergy symptoms in many people. Dogs, cats and other animals with fur or feathers can release dander. These tips will help to minimize allergic reactions.

- Keep pets out of the bedroom. Do not sleep with a pet.
- Bathe and brush pets weekly.
- Wash hands after handling pets.
- Vacuum carpeting and floors and upholstered furniture at least once a week.
- Keep pets off of upholstered furniture.
- Keep pets outside as much as possible.
- Use HEPA air filters in areas where pets spend the most time.



**ALERT:** Call your child's doctor, nurse, or clinic if you have any concerns or if your child has special health care needs not covered by this information.

**This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.**