

## Wheelchair Transfer into a Car

### Getting ready

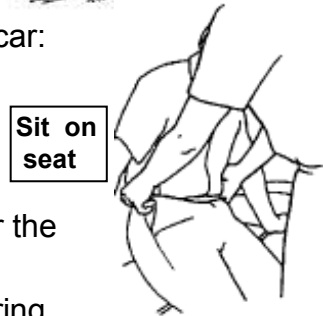
1. Open the car door.
2. Remove the arm rest and foot rest on the side of the wheelchair that is closest to the door.
3. Put the wheelchair next to the car seat.
4. Lock the wheelchair brakes.



### Transferring

Your child should be put in the back seat. To help your child into the car:

- If your child cannot put weight on either leg.** Have another person help you get your child into the car.
  - The person helping you should get into the car.
  - Have that person lift your child from around the trunk, under the arms.
  - Help get your child into the car by lifting their legs and lowering them into the car.
  - Be sure to bend your knees and protect your back.



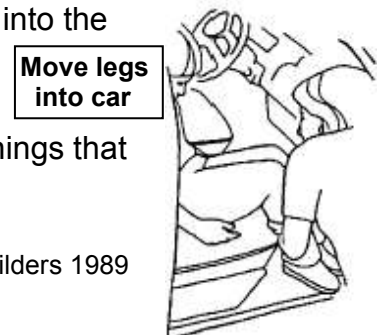
- If your child can put weight on one leg.**

Your child will stand on the strong leg with your help. Have your child turn and sit on the car seat. Help your child scoot back. Help your child move their legs into the car.



- If your child can put some weight on each leg.**

Your child may stand on both legs with your help. Have your child turn and sit on the car seat. Help your child move their legs into the car.



**Note:** A physical therapist will talk to you about any other special things that you need to do.

Pictures: Transferring and Lifting Children and Adolescents, Therapy Skill Builders 1989

**ALERT:** Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has special health care needs that were not covered by this information.

**This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.**