

Mepitel®

(For open sores with little or no drainage)

What is Mepitel?

Mepitel is a soft, flexible silicone dressing used to cover open wounds. It does not absorb drainage and does not stick to the wound. This makes the dressing change less painful.

What is it used for?

Mepitel has holes that let drainage pass onto a second absorbent dressing. This outer dressing must be changed as directed to keep the wound from getting infected.

Instructions for use

1. Wash hands with soap and water. Dry with a clean towel.
2. Clean the wound as you were told by the doctor or nurse. Dry the skin around the wound.
3. Cut the Mepitel to the correct size. Mepitel should overlap the dry skin around the wound by at least one inch.
4. Take the plastic off of both sides of the Mepitel.
5. Put the Mepitel on the wound. Smooth it on to the skin around the wound to make a good seal.
6. If using a topical antibiotic or gel, it can be put on top of, or under the Mepitel.
7. Put a second dressing such as rolled gauze on top of Mepitel. Your child's doctor or nurse will tell you what to use. Use extra padding to hold Mepitel in place for a deep wound or in areas that move.
8. Mepitel can be used under Ace® bandages, Tubigrip® and compression garments. Use medical tape as directed to hold it in place.



How often does it need to be changed?

Mepitel **may be left in place for several days** depending on the wound. Drainage needs to pass freely through the dressing, and the pores should not be blocked. If the outer dressing becomes wet or dirty, it should be changed with the Mepitel left in place. Mepitel is a single-use dressing.

ALERT: Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has:

- Any signs of infection such as redness or swelling, yellow-green or bad smelling drainage.
- Special health care needs that were not covered by this information.

This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.