

**Children's Service Society of Wisconsin
Parklawn Family Resource Center**

**Located inside the Parklawn YMCA Building
4340 N. 46th Street
Milwaukee, WI 53216
Phone: (414) 444-5760**

The Children's Service Society of Wisconsin (CSSW) Parklawn Family Resource Center is a hub for parent education and support services as well as three other CSSW prevention oriented programs that all collaboratively work together to support families: Pregnancy Counseling and Resources program, Empowering Families-Milwaukee, and the Volunteer Respite program. The goal of these programs is to prevent child abuse and neglect, while working collaboratively with community partners to build strong families, with healthy children in nurturing environments. In addition to these programs The Parklawn FRC also provides some on-site child and family counseling services in order to better meet area families' needs.

The Parklawn Family Resource Center (FRC) seeks to offer easily accessible programs focused on strengthening parenting skills, encouraging healthy child development and connecting families to needed community resources and to each other for support. It is a place for parents to learn to be the best possible parents they can be. The center provides a nurturing environment in which parents can connect with resources, access information, participate in parenting programs and enjoy family activities with their children at no cost. All programs are strength-based, family centered and child focused. Parents have the opportunity to

- Learn about early childhood brain development
- Learn what to expect as their children grow
- Develop stress management skills
- Strengthen family relationships
- Learn how to communicate with their Children
- Learn effective discipline techniques

The Parklawn Family Resource Center currently offers the following programs:

Play and Learn: A weekly early learning focused program where parents have the opportunity to meet other parents with young children and participate in early learning activities that enhance their child's development and promote school readiness.

Developmental Screening: Using the Ages and Stages Questionnaire and Ages and Stages Questionnaire Social Emotional screenings tools we can work with the parents to screen for developmental delays for children 4 months to 5 years of age.

Parent Power: This weekly parenting program explores creative and effective ways to nurture, support, and encourage positive behaviors and life experiences for you and your child. Parents learn the basic philosophy and practices of the Nurturing Parenting

curriculum in raising healthy caring children and the importance in making time to nurture themselves.

Parent Power Lunch and Learn: A weekly support circle that allows parents to continue to explore creative and effective ways to nurture themselves and their children through readings, presentations, and crafty activities.

Nurturing Fathers: It has been said that a father holds the key to his child's success. Using the Nurturing Curriculum this program is designed to help fathers' unlock doors to their child's success through developing nurturing attitudes and skills. Currently this program is being offered in the community and with fathers one-to-one.

Parent/Child Bonding Events: These events are a time of fun, creativity, education and bonding with your child. Examples of some events are Ice Cream Social, Movie Night, Family Photo Night and many more.

Positive Young Parents: An educational, interactive support group for young parents. Enjoy activities, guest speakers, and refreshments.

Ask the Experts: One time parent education sessions taught by community experts. Examples of some sessions are Financial Literacy, Bully Proofing, Family Law and many more.

Warm line: A link to non emergency parenting advice on the day-to day trials of child rearing for parents who may be experiencing stress, have questions, or just need someone to talk to.

Parent Coaching: Allows parents the opportunity to schedule individual parenting sessions with a staff person who is trained to provide parenting information to families.

Professional Development: A resource for parents and professional to receive additional training and/or certifications. These trainings include CPR and First Aid, SCAN-MRT (Suspected Child Abuse and Neglect Mandated Reporter Training), Stewards of Children Prevent Child Sexual Abuse, SEFEL (Social Emotional Foundations for Early Learning) Infant and Toddler Modules and Positive Solutions for Families (Preschool Modules).

Pregnancy Counseling and Resources (PCR) program specializes in providing free quality pregnancy counseling for adolescents and young adults up to 24 years of age, their partners, parents, support people and other family members. The program also provides accurate and professional age- appropriate education on teenage pregnancy, promotes honest communication between adults and adolescents and encourage teens to practice responsible decision-making behaviors.

Empowering Families of Milwaukee (EFM) is a free program in collaboration with the City of Milwaukee Health Department that provides intensive, comprehensive, long-term home visiting services to families and promotes and supports the healthy growth and development of children prenatally to age five. Using the evidence based Parents as Teachers curriculum, trained staff work to increase the use of prenatal health care, enhance family functioning, teach early learning strategies and support positive parenting practices. This program is targeted to families within the eight Milwaukee zip code areas: 53204, 53205, 53206, 53208, 53210, 53212, 53218, and 53233.

Volunteer Respite Program provides temporary respite care services for families with children with special needs and their siblings. With the assistance of professional nursing, social work, behavioral specialist staff and a large number of community volunteers in attendance to care for children this program holds large respite events at various locations throughout the city of Milwaukee so parents and/or primary caregivers may have time for themselves at no cost to the family.

Child and Family Counseling provides individual and family counseling for children and adolescents. Therapists work with children, parents and other family members to address problems and improve social and emotional difficulties to reduce stress and conflict, improve parenting skills and strengthen family ties.

4/2012