THE MISSION *of Children's Service Society of Wisconsin is to build, sustain and enhance a nurturing environment for Wisconsin children.*

Please complete the information on the reverse side, cut off this panel and mail to:

Children's Service Society of Wisconsin
Building Families Program
2004 Highland Ave., Suite N
Eau Claire, WI 54701

Building Families is designed to provide education, support and help to new parents. The program is a service of Children's Service Society of Wisconsin and is funded by grants and donations.

Building Families is provided in coordination with the Eau Claire City-County Public Health Agency.

For more information call:
Children's Service Society of Wisconsin
(715) 835-5915
or visit our Web site at www.cssw.org.

The Building Families Program is supported by:

Children's Hospital and Health System™

United Way

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Building Families

Taking care of a brand new baby usually means you have a lot of questions.

Questions like:

- When my baby cries for a long time, does it mean something is wrong?
- How much and how often should I feed my baby?
- I am tired all the time and can't seem to catch up on my sleep – yet my baby needs me. How can I keep going?
- Can you tell me more about my baby's growth and development?
- How can I take care of a newborn when others in the home need me just as much?

What is Building Families?

Building Families helps you, as a new parent, adjust to your new family through regular in-home visits. Family visits will help you become a more confident parent by offering education and support as you welcome your new baby into your family. A family visitor will call on you at home to introduce you to the program. Involvement is voluntary and can continue until your child reaches age 5 or enters school.

What are the goals?

A family visitor will help you:

- Understand your baby's growth and development.
- Increase your self-confidence about your parenting skills.
- Learn how to talk with and play with your baby.
- Find ways to reduce family stress.
- Identify resources in the community to meet your needs.
- Learn about educational programs and support groups that might interest you.

Wouldn't it be nice to have someone come to your home to help you find answers to these questions and more? The Building Families Program can help.

There is no charge for participating in the Building Families Program.

Please complete and mail today.

Building Families Program

Parent(s) full name(s) _____

Date _____

Address _____

City _____State_____ ZIP_____

Telephone (home) _____

Telephone (work) _____

Child's name_____

Birth date or due date _____

YES! I am interested in learning more about the Building Families Program.

The best time to call me is:

_____ a.m. or _____ p.m.

We look forward to working with you during these important first years of development!