Children's Service Society of Wisconsin

FAMILY MATTERS
Marathon County Family Resource Center

January – May 2013

Ask the Expert

Relax: Mom and Kids Yoga (ages 3-7)
6 p.m. - 7 p.m. Wednesday, Jan. 23
Marathon County Family Resource Center
Learn to relax and have fun at this introduction to yoga class. The class is designed to stimulate young children's minds and spirits through playful yoga poses, music, art and puppets. Ages 3-7 with parent. Class size limited.

Financial SOS – Making Ends Meet
6 p.m. - 7:30 p.m. Thursday, Feb. 7
Marathon County Family Resource Center
At this hands-on workshop you will learn about credit cards, work benefits and how to actually save money. You will do a budget that will work for you and your family. You can't afford to miss this.

Daytime LEAP
1 p.m. - 2:30 p.m. Tuesdays, Feb. 12 – Apr. 2
Marathon County Family Resource Center
This 8-week parent education and support program explores topics such as building self-esteem, communication and behavior management.

Children in the Middle
6 p.m. – 7:30 p.m. Monday, Feb. 18, and Wednesday, Feb. 20
Marathon County Family Resource Center
This two-session workshop is designed for parents who are separated or divorced. Learn to better communicate and keep kids out of conflicts that often occur.

Discipline That Works
6 p.m. - 7:30 p.m. Thursday, Feb. 21
Edgar Elementary School
Wouldn't it be wonderful if our children behaved and we never had to discipline them? At this workshop, you'll learn tools that will help your child learn self-control and enable you to discipline without arguing or yelling.

It's My Potty and I'll Pee if I Want To
6 p.m. - 7:30 p.m. Thursday, March 7
Marathon County Family Resource Center
At this potty training workshop, we'll explore toilet training readiness. Learn how to begin the process and tools to make potty training positive for everyone involved.

Do Time-Outs Really Work?
6 p.m. - 7:30 p.m. Thursday, April 18
Stratford Village Hall, 300 Larch St., Stratford
Giving your child a time-out for behaving badly seems easy enough. But do time-outs actually work? Learn what you can do to use time-outs or other positive discipline techniques.

Mother's Day Surprise
6 p.m. - 7:30 p.m. Thursday, May 9
Marathon County Family Resource Center
Dad or dad-like friends and kids age 3 and older will make a Mother's Day surprise mom will never forget. All materials included for this special project.

Picky Eaters – Getting Kids to Eat Healthy
6 p.m. - 7:30 p.m. Thursday, May 23
Marathon County Family Resource Center
Getting kids to eat healthy food isn't easy, but lifelong healthy eating habits begin in childhood. Hands-on recipes for you to try at home.

Marathon County Family Resource Center
705 S. 24th Ave., Ste. 400, Wausau, WI 54401
Hours 8:30 a.m. to 5 p.m., Monday - Friday
(715) 845-6747 • Toll-free (800) 577-7971
Registration is required for all programs.
www.cssw.org or www.facebook.com/marathoncountyfrc

Programs are not a DCE, Wausau, Spencer, Stratford or Newman Catholic School District sponsored activity and the opinions expressed are not necessarily those of the school district or their personnel.

Funding provided by Marathon County United Way and Marathon County.

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Play & Learn – new winter schedule

Athens
10:30 a.m. - noon Tuesdays
Athens Community Hall

Edgar
10 a.m. - 11:30 a.m. Thursdays
Edgar Village Hall

Hatley
10 a.m. - 11:30 a.m. Thursdays
Hatley Library Community Room

Mosinee
10:30 a.m. - noon Wednesdays
Mosinee Library

Spencer
9:30 a.m. - 11 a.m. Wednesdays
Village Building, 105 Park St.

Stratford
9:30 a.m. - 11 a.m. Mondays
Stratford Family Resource Center

Wausau
3 p.m. - 4:30 a.m. Mondays
A.C. Kiefer Learning Center

10 a.m. - 11:30 a.m. Wednesdays
Wausau FRC (Drop-in Playtime)

9:30 a.m. - 11 a.m. Fridays
Marathon County Public Library

Weston
10 a.m. - 11:30 a.m. Tuesdays
Key to Life Center, 3915 Sandy Lane

Ongoing programs and services

Developmental Screenings
Screenings are held for children 4 months to 5 years.

In-home Parent Education
This three-month program provides in-home visits with a parent educator to help improve parenting skills.

Learning Essentials about Parenting
A 10-week parenting class is held on Tuesday nights for parents of younger children. A separate class is held on Wednesday nights for parents of teens and pre-teens.

One-to-one Parenting Sessions
Family resource center staff is trained to provide individualized parenting consultation to families.

Start Right
Start Right provides education and support services for families in Marathon County from pregnancy to age 5.

Warmline
Your connection to 24-hour parenting information or advice. Call (715) 845-6747 or (800) 577-7971