

Best Practices in Pediatrics Winter 2013 Conference

Friday, March 8

11:00 a.m. –12:50 p.m. Registration and posters available for viewing

11:30 – 12:30 p.m. Workshops

1 CME credit

Option 1: “Splinting and care of a child with an acute musculoskeletal injury”

Allison Duey-Holtz, MSN, CPNP, PC

Objectives

- Know how to evaluate a child with a musculoskeletal injury.
- Be able to identify when and what radiographs are needed.
- Be comfortable with the principles & materials needed to apply a safe splint.

Option 2: “Optimizing lactation support in your practice: Strategies to Empower the Breastfeeding Dyad”

Kristine Walleser, RN, BSN, IBCLC, RLC

Objectives

- Identify steps to help the breastfeeding family achieve success.
- Review, explore, and problem solve common breastfeeding challenges.
- Discover resources and evidence based practices to strengthen your continued support of the breastfeeding dyad.

12:50 – 1:00 p.m. Welcome by Michael Gutzeit, MD

1:00 – 1:45 p.m. “Teens and depression and anxiety (include info on medication management).”

.75 CME credit

Mark Rovick, DO

Objectives

- Understand presenting symptoms of anxiety and depression in teens with use of best screening tools, comorbidity and complications.
- Be more familiar with first line FDA approved medications for teens to treat anxiety and depressions, second line options and off-label augmentations.
- Be able to review FDA boxed warnings regarding use of antidepressants in this age group.

1:45 – 2:30 p.m.

.75 CME credit

“The diabetic teen”

Susanne Cabrera, MD

Objectives

- Recognize signs and symptoms of both type 1 and type 2 diabetes in the teenager and make the diagnosis.
- Understand psychosocial, behavioral and family factors that interfere with good glycemic control in this population.

- Adequately assess comorbidities and complications of diabetes as children transition to adulthood.
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2:30 – 2:45 p.m. **Break and posters available for viewing**

2:45 – 3:30 p.m. **“Sleep and teens: Why are teens so tired?”**
.75 CME credit Megan Grekowicz, APNP

Objectives

- Discuss how the use of electronics, caffeine, and other lifestyle factors can negatively affect sleep.
 - Identify the features of delayed sleep phase syndrome and understand common treatment strategies.
 - Review the updated clinical practice guidelines for obstructive sleep apnea and how optimal treatment of obstructive sleep apnea can improve sleep and daytime function.
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3:30 – 4:15 p.m. **“IBD and the teen”**
.75 CME credit Joshua Noe, MD

Objectives

- Identify and managed problems, including growth and development, specific to the teenage patient with inflammatory bowel disease.
 - Understand adverse events related to treatment that are specific to adolescence.
 - To recognize the common pitfalls teenagers make when transitioning to adult IBD programs, as well as counseling them about the recommendations for early adulthood IBD care.
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4:15 – 5:30 p.m. **Poster session with authors**
1 CME credit

4:15 – 4:30 p.m. **Wrap-up and evaluation**
.25 CME credit

Saturday, March 9

7:00 – 7:30 a.m. **Registration, continental breakfast and posters available for viewing**

7:30 – 8:00 a.m. **“Hot Topics in Pediatrics”**

.5 CME credits Michael Gutzeit, MD

8:00 – 8:45 a.m. **“Assessment of Heart Murmurs in Children”**

.75 CME credits Joshua Kovach, MD

Objectives

- Recognize the auscultatory features of innocent heart murmurs in children.
 - Identify concerning features of the cardiovascular exam that would suggest underlying structural heart disease.
 - Recognize associated signs and symptoms that may increase suspicion of structural heart disease.
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8:45 – 9:30 a.m. **“Pediatric Robotic Surgery”**

.75 CME credits Travis Groth, MD

Objectives

- The role of robotic surgery in pediatric urology patients.
 - Patients that are good candidates for robotic surgery.
 - Technologic benefits to robotic surgery.
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9:30 – 9:45 a.m. **Break and posters available for viewing**

9:45 – 10:30 a.m. **“Imaging of the pediatric and adolescent patient: What to order?”**

.75 CME credits Arthur Meyer, MD

Objectives

- Understand the advantages and disadvantages of various imaging modalities.
- Understand the roles of various modalities in the workup of infection.
- Understand the roles of various modalities, particularly ultrasound, in the workup of soft tissue lesions.

10:30 – 11:15 a.m. “Otitis Media”

.75 CME credits Michael McCormick, MD

Objectives

- Review risk factors for otitis media.
 - Discuss clinical guidelines related to otitis media.
 - Discuss role of allergy in otitis media.
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11:15 a.m. – 12:15 p.m. Lunch with the speakers and poster session with authors

12:15 – 1:00 p.m. “Genetic Testing 2013 and Beyond”

.75 CME credits David Bick, MD

Objectives

- Identify two readily available expert medical genetics internet resources useful to primary care physicians.
 - Recognize common patterns of inheritance and how they are useful in counseling families with genetic disorders.
 - List the tests that are recommended to screen for genetic disorders based on ethnic background.
 - Understand the different testing options available to couples at risk for offspring with a genetic disorder.
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1:00 – 1:45 p.m. “Fetal Surgery: Womb to Improve”

.75 CME credits Amy Wagner, MD

Objectives

- Understand the most common indications for fetal surgery.
 - Understand the risks and benefits of open fetal surgery for myelomeningocele.
 - Describe long-term outcomes for the baby and mother after laser ablation for twin-twin transfusion syndrome or an open fetal surgery.
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1:45 – 2:30 p.m. “Pain Management Problems in Pediatrics: Referrals”

.75 CME credits Steven Weisman, MD

Objectives

- The learner will understand the most common types of chronic pediatric pain.
 - The learner will understand preliminary interventions and diagnostic approaches for chronic pain problems in children.
 - The learner will understand the multidisciplinary approach to pain management in children.
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2:30 – 2:45 p.m.

Meeting evaluation and wrap-up

.25 CME credits

2:45 – 3:45 p.m.

1 CME credit

Workshops

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